Milkshake IPA (Fruit Optional) All Grain

Milkshake IPA?! This "style" has been gaining popularity because of how flavorful and smooth it is. The recipe is a form of a New England IPA that has lactose added in order to increase the body and silky mouth-feel. Dry hops, a vanilla bean, and often times fruit, are added after a week of fermentation to create this tasty treat!

Ingredients Statistics

7.5 lb. Weyermann Pilsner ABV 5.8-6.5%(If fruit is added)

2.5 lb. Weyermann Wheat Original Gravity 1.067 lb. Flaked Oats Final Gravity 1.023

1 lb. Lactose

3ml Hop Shot (Bittering) with 60 minutes left in the boil.

2 oz. Mosaic Hop Pellets (Finishing) with 0 minutes left in the boil.

1 – Imperial A04 Barbarian Yeast or 2 – White Labs 095 Burlington Ale Yeast

Dry Hops (After 7 days of Primary Fermentation)

2 oz. Mosaic 3.13 lb.of Vintners Reserve Puree (Optional)

1 oz. Mosaic Cyro Hop 1 Vanilla Bean (split)

1 oz. Galaxy

6 Muslin Bags

1 Large Grain Bag

5 oz Priming Sugar (for bottling)

Procedure

A *few hours before you begin to brew*, prepare your liquid yeast according to the package instructions. We assume that you are familiar with basic homebrewing techniques, so these procedures are abbreviated.

- 1. Mash for an hour at 152°F with a 1.25 quarts of water per pound of grain. Adjust this temperature to personal preference. Lauter and sparge as normal up to 6 gallons (adjust for your rate of boil-off).
- 2. At the start of your 60 minute boil, add 3 ml of the hopshot.
- 3. After 60 minutes of boiling, turn off the heat and add finishing hops in a muslin bag with the lactose.
- 4. Make sure the wort is below 80°F before adding yeast. Take a hydrometer reading if desired. Add the yeast to the wort.
- 5. Store the fermenter where the temperature will be a fairly constant $65^{\circ} 70^{\circ}$ F. Active fermentation may take only a few days, or it can last up to 2 weeks. A hydrometer reading is a great way to determine when the fermentation is done.
- 6. After 7 days of fermenting, open the lid and add the dry hops (1 oz. per a muslin bag) along with a <u>split</u> vanilla bean.
- 7. (Optional) After 7 days of fermenting, open the lid and add the can of Vintners Reserve Puree at the same time as Step 10.
- 8. When ready to bottle, siphon beer into your sanitized bottling bucket, leaving sediment behind. Boil the priming sugar in 1-2 cups of water for a few minutes, gently stir into the beer, and bottle as usual.

For Store Use, Not part of instructions: 4 – Mosaic, 1 – Cryo Mosaic, 1 - Galaxy

^{*} The malted grains are all **crushed together** in the clear plastic bag.

^{**} Hop Shot is hop extract and does not need to be stored cold. It works best when pre-dissolved in a small amount (2-3 oz) of a neutral spirit (the stronger the better) for a few hours before brewing.